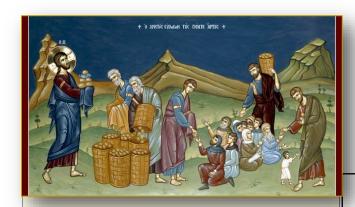
St Benedict's Parish Arcadia





PARISH MASS TIMES

Weekends:

Saturday 7:00pm Vigil Sunday 9:00am Sunday 10:30am

Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration 7:00pm Mass & Confession (Reconciliation)

Saturdays 9:00am to 10:00am Adoration & Confession (Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am Daily 7:00am

Please contact Father Shansana or Parish Office for the following:

Baptisms Reconciliation For the Sick Marriages Funerals

Parish Priest: Fr Shansana 0437 884 233 Parish Office 9653 2312



THE MOST HOLY BODY AND BLOOD OF CHRIST

21 & 22 JUNE 2025 YEAR C

ENTRANCE PROCESSION

He fed them with the finest wheat and satisfied them with honey from the rock.

COLLECT

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption.

Who live and reign with God the Father in the unity of the Holy Spirit,
God, for ever and ever.

Amen.

SELF REFLECTION: PROVISION

I'm reminded today that even when I feel like I have little to offer—my time, energy, or resources—God can work miracles with what I give in faith. Like the disciples, I sometimes doubt and want to send problems away, but Jesus invites me to trust and act. May I offer what I have, however small, and believe that God will bless and multiply it for the good of others.

I ask myself:

- What "small offering" in my life can I place in God's hands today?
- When have I doubted that what I have is enough?
- How is God inviting me to trust Him more fully in moments of limitation?
- Who around me might be "hungry" for care, hope, or support?
- Am I willing to be part of the miracle by stepping out in faith?

God Provides in Abundance

Lord, I trust You with what I have. Take my small offerings and use them for Your glory. Help me to believe that in Your hands, there is always enough.

Amen.

THE MOST HOLY BODY AND BLOOD OF CHRIST

First Reading: Genesis 14:18-20 (JB)
A reading from the book of Genesis
Melchizedek brought bread and wine.

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:

'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.' And Abraham gave him a tithe of everything.

The word of the Lord. Thanks be to God.



Responsorial Psalm:

R. You are a priest for ever, in the line of Melchizedek.

Second Reading: 1 Corinthians 11:23-26 (JB)

A reading from the first letter of St Paul to the Corinthians

Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord.

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord. Thanks be to God.

Gospel Acclamation

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!



GOSPEL *Luke* 9:11-17 (JB)

A reading from the holy Gospel according to Luke *They all ate and were filled*.

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord. Praise to you, Lord Jesus Christ.

Source: Liturgia Brisbane 2025

GOSPEL REFLECTION Sunday, June 22 Corpus Christi Genesis 14:18-20/ Psalm 110:1-4/ 1 Corinthians 11:23-26/ Luke 9:11-17

Five loaves and two fish are all we have. (Luke 9:13)

Today's feast of Corpus Christi gives us the opportunity to celebrate the abundant generosity of the Lord. OurGospel reading tells us how Jesus fed the thousands who followed him by miraculously multiplying five loaves and two fish. As wondrous as that miracle was, we see his generosity even more abundantly in his gift of the Eucharist. At every Mass throughout the world, Jesus becomes fully present: Body and Blood, Soul and Divinity. As St. Carlos Acutis would say, "Jerusalem is right on our doorstep" in the Blessed Sacrament.

It takes faith to accept the truth of this profound miracle. But every now and then, God confirms our faith with a miracle, like the one he performed at St. Mary Parish in Chirattakonam, India, in April of 2001. During Adoration, three red stains appeared on the Host. Then, a few days later, the same Host bore the likeness of a human face. Responding to these events, the local archbishop, wrote, "For us believers, what we have seen is something that we have always believed." (A description of this, and many other Eucharistic miracles, can be found at carloacutis.com.)

Whether we experience a Eucharistic miracle or not, Jesus is still present at every Mass. Just as he multiplied the five loaves and two fishes that day, he takes something so small—a simple piece of bread—and transforms it into his very flesh, to feed his people.

Today, offer Jesus *your* very self. Yes, the little that you have to offer him is enough! Give him your worries, your cares, but also your blessings and gifts. Trust in his miracle-working love and power to do amazing things in and through you.

"Jesus, nothing is too small for you. I worship you in the Eucharist, and I offer you the little that I have.

Come and work your wonders in me!"

Source: Word Among Us India

WEEKDAY LITURGICAL READINGS

JUNE 2025

Monday 23: Gen 12:1-9. Mt 7:1-5.

R. Happy the people the Lord has chosen to be his own.

Tuesday 24: Is 49:1-6. Lk 1:57-66,80.

R. I will praise you for I am wonderfully made.

The Nativity of St John the Baptist

Wednesday 25: Gen 15:1-12,17-18. Mt 7:15-20.

R. The Lord remembers his covenant for ever.

Thursday 26: Gen 16:1-12,15-16. Mt 7:21-29.

R. Give thanks to the Lord for he is good.

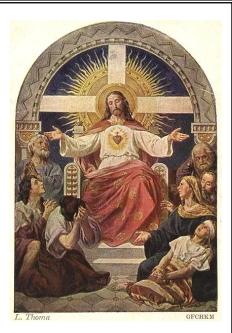
Friday 27: Ezek 34:11-16. Rom 5:5-11. Lk 15:3-7.

R. The Lord is my shepherd, there is nothing I shall want.

The Most Sacred Heart of Jesus.

Saturday 28: Gen 18:1-15. Mt 8:5-17.

R. The Lord has remembered his mercy.



Source: Ordo 2025



POPE LEO XIV 8 MAY 2025 Pope Leo XIV prayer intention for June 2025:

"Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his heart, learn to have compassion on the world."

CONGRATULATIONS TO THE CHILDREN RECEIVING THEIR FIRST HOLY COMMUNION

We joyfully congratulate the children who will receive their First Holy Communion this Sunday at the 10:30am Mass. May this sacred occasion deepen their love for Jesus and draw them ever closer to His presence in the Eucharist.

MAKE A DIFFERENCE BEFORE 30TH JUNE



As the end of the financial year approaches, now is the perfect time to make a meaningful contribution to Pastoral Works Broken Bay. Not only is your donation 100% tax-deductible for gifts over \$2, but it also supports five vital ministries serving those in need across our Diocese.

From over 700 volunteer catechists teaching our children in public schools, to chaplains visiting the sick in hospitals, to specialist care for people living with disabilities and for the deaf community—your gift becomes an act of love, hope, and healing. Every dollar counts, and your generosity helps our parish meet its PWBB contribution while building up the Body of Christ.

Please give before 30th June. To donate:

- Envelopes are still available at the entries.
- Or scan the QR code provided and select Pastoral Works Broken Bay under the 'Biller Code' option.

Let's work together to meet our goal and make sure no one in our Diocese misses out on the care they deserve. Thank you for your support.

VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:



FRED ZEAITER



A heartfelt thank you, Fred, for installing the powerpoints in the parish office. Your skill, efficiency, and generosity with your time are truly appreciated. The new setup has made a big difference, and we're grateful for the care and attention you put into your work. Thank you for supporting our parish in such a practical and meaningful way.

ST.VINCENT DE PAUL WINTER APPEAL

Next weekend 28/29th June

We will be holding the Vinnies Winter Appeal. We will be asking for donations of money and non-perishable food items from the Parish Community in order to help support our ever-growing number of needy people in this area. Your assistance would be greatly appreciated.

Thanks in anticipation, Arcadia Vinnies Conference



HAPPY BIRTHDAY! FATHER SHANSANA





FINANCE COMMITTEE MEETING

Wednesday 25 June at 7:15pm in the Parish Meeting Room.

PIETY SHOP NEWS

We invite you to take a moment to explore our Piety Shop, It offers a wonderful selection of items to support and enrich your spiritual life, including: Religious gifts for sacraments like Baptism, First Communion, and Confirmation. Rosaries, prayer cards, and medals Bibles, missals, and spiritual books for adults and children.

Come and see what's new!

In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Vincent Bacha, Charlie Micallef, Brother Mario, and Father Alberic.

We remember in our prayers all our dearly beloved who have died:

Joseph El-Chaar, His Holiness POPE FRANCIS, Marilyn Deguara (George Arcella's mother in law), Domenico Fusca, Pellegrino Vaccarella, Najm Azzi, Waffa Moussa, Carmel Russo, Margaret McKinley, Joe Guiana, Vanessa Papandrea, Biagio Abignano, Phil Dailey, Brother Peter Hancock, Brother Terry, Colleen Bennett & Helen Facione.~ May they rest in Peace.



PARISH ACTIVITIES

Calling All Children and Families!

We invite all children and families who are interested in getting involved in upcoming parish activities and children Masses to reach out!

If your child would like to participate, please send an email to the parish office with the child's name and a contact number.

We look forward to welcoming more young faces into our parish life!

OUR LADY OF FATIMA DAY

We will be celebrating "Our Lady of Fatima Day" On 12 October 2025

Please keep this day in your diary.

We invite everyone from St Benedict's to attend this beautiful celebration.

Details to come.

We invite children to be part of the Fatima Play and the Procession. Please contact Teresa on 0438 521 421.

Our next Fatima meeting will be on Tuesday 24 June 2025 at 7pm. In the Parish Meeting Room. All committee members are to attend and guests are welcome.

PARISH PASTORAL COUNCIL MEETING

Tuesday 1 July at 7:00pm in the Parish Meeting Room.

ST BENEDICT'S YOUTH GROUP

JOIN THE YOUTH GROUP!

Fridays SCHOOL TERM

Time: 4:00 PM - 5:30 PM

• Ages: 8-12 years old



If you are aged 14-16 and would like to be a Youth Leader, please email the parish office.

Our Youth Coordinators have Working With Children Checks. Thank you,

Gabe & Jules!

CATECHISTS' NEWS

We are approaching the end of term. Term 2 finishes on Friday 4th July and Term 3 will commence the week of Monday 21st July.

Free training being provided by the CCD -

- Ministry Induction training for new Catechists this Monday 23 June at 6:15-8:30pm via Zoom. This topic will be 'Introduction to the Bible'.
- Training during the July school holidays for all fully authorised Catechists – the topic will be 'Teaching Discipleship in the 21stCentury, Australia' via Zoom and face-to-face. Various dates have been provided, please contact me if interested.
- Skills in the Classroom training for all Catechists on Tuesday 22 July 6:15pm 8:30pm via Zoom on 'Prayer in the Classroom'
- Level 2 training for fully authorised Catechists on "The Church in the 3rd Millenium" commencing on Friday 25th July 10am -12:15pm via Zoom
- RSVP registrations@bbcatholic.org.au
 Please keep our parish Catechists, and the students that they teach, in prayer. If you are interested in knowing more about becoming a Catechist or helper, please contact myself or the parish office or one of our priests.

God bless, Miriam Brown srearcadia@gmail.com

ST BENEDICT'S MAKER'S TABLE

Please join us for our upcoming Maker's Table workshop at St Benedict's!

Ribbon Embroidery Flower Workshop

Wednesday, July 2nd, 7.30-9.30pm

Cost: \$10 (covers materials, refreshments and donation for room hire)

RSVP by 29/6/25 so we can set a special place at the Table for you!

Ribbon embroidery is a quick and simple way to create a gorgeous floral embroidery. We will complete our embroidery on a timber look frame that will be ready to hang when completed. We will provide silk ribbon, fabric and frame so you can take a finished, ready-to-hang artwork home with you.



themakerstablesydney@gmail.com

Martine 0458-533-250 / Nerida 0425-834-017

ITALIAN ROSARY GROUP

Every **Monday 2.00pm**. Everyone welcome.

For more details call

Angela Egiziano on 9652 1358.

CCC PRAYER GROUP

Prayer meeting held every
Wednesday morning:
after 9.30am Mass.
Come and meet new people and
have a cuppa!
For more details call
Mary Camilleri on 0403 116 987.

CRAFT GROUP

The quilting and craft group will meet every **4th Tuesday** of the month at 10.30am in the parish meeting room.

Bring your craft and come and join us!

SAINT OF THE WEEK

Birth of Saint John the Baptist—Solemnity

Feast Day: June 24 c. 1st Century

Patron Saint of baptism, bird dealers, converts, monastic life, motorways, printers, tailors, lambs, and prisoners
Invoked against epilepsy, convulsions, hailstorms, and spasms
Pre-Congregation canonization



When Elizabeth conceived John the Baptist, she and her husband, Zechariah, "were advanced in years" (Luke 1:7). The angel Gabriel announced the child's birth to Zechariah when his priestly clan chose him by lot to enter the Temple sanctuary to burn incense to the Lord. Zechariah was told that his wife would conceive and bear a son who would "be great in the sight of the Lord...be filled with the Holy Spirit even from his mother's womb...turn many of the children of Israel to the Lord...will go before him in the spirit and power of Elijah...turn the hearts of fathers toward children...to prepare a people fit for the Lord" (Luke 1:15–17). The announcement was joyous beyond belief. After the sorrow of having no children, Zechariah would have a child "great in the sight of the Lord." Disbelieving the angel, Zechariah was struck mute until John was born.

That same Archangel, Gabriel, appeared to Mary to announce that she would conceive the Savior of the World by the overshadowing of the Holy Spirit. Gabriel then told her, "And behold, Elizabeth, your relative, has also conceived a son in her old age, and this is the sixth month for her who was called barren; for nothing will be impossible for God" (Luke 1:36–37). In the Father's plan of salvation, John's mission was intimately connected to that of Jesus. When Mary traveled in haste to her cousin Elizabeth to help her in the final months of her pregnancy, the unborn infant, John, leaped for joy in Elizabeth's womb at the sound of Mary's greeting. Saint Thomas Aquinas teaches that John was sanctified in the womb at that moment, meaning he was freed from sin and prepared for his sacred mission of preparing the way for Jesus' ministry. Saint Thomas even speculates about that moment of sanctification as follows: "Perhaps also in this child the use of reason and will was so far accelerated that while in his mother's womb he was able to acknowledge, believe, and consent, whereas in other children we have to wait for these things till they grow older: this again I count as a miraculous result of the divine power" (Summa Theologica 3.27.6).

John's birth was surrounded by mystery, amazement, awe, and intrigue. St. Luke records the reaction to his birth as, "Then fear came upon all their neighbors, and all these matters were discussed throughout the hill country of Judea. All who heard these things took them to heart, saying, 'What, then, will this child be?' For surely the hand of the Lord was with him" (Luke 1:65–66).

Other than the Solemnity of the Birth of Christ (Christmas), the Church honors only Saint John with a solemnity on his birth. While our Blessed Mother's Immaculate Conception is commemorated with a solemnity, her birth is celebrated with a feast. It is a great honor, indeed, to honor this unique man's birth with the highest rank of celebration within our Church.

Saint John the Baptist, you were conceived by God's special grace and given to parents who were barren and advanced in years. Through your conception and birth, God spoke to the world that He can do anything He so chooses and bring forth His saving grace whenever He wills. Please pray that I will more fully understand the role you played in salvation history and be more open to all that God has revealed to the world through your holy life. Saint John the Baptist, pray for me. Jesus, I trust in You.



JUBILEE OF GOVERNMENTS 20-22 JUNE 2025

The Jubilee of Governments is an opportunity to recognise the role that governments can play in fostering a peaceful, harmonious society.

CATHOLIC EVANGELISATION LEADERS GATHERING

9 July 2025

An invitation is extended to all who work and serve in evangelisation to gather for Mass, lunch and shared conversation and facilitation on topics as evangelisation inputs, workshops, fellowship, wisdom walks and building a new vision.

Time: 12.30pm Mass in the Chapel of the Caroline Chisholm Centre, Pennant Hills followed by lunch and gathering.

Date: Wednesday 9 July

Email: mission@bbcatholic.org.au

Book Now

Terms & Conditions apply - contact johanne@ettravel.com.au for more details Single supplement available upon request. Land only price available. Price subject to availability and currency fluctuations.

WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit www.catholiccaredbb.org.au/volunteer/ for more information.



SERVE AT IGNITE CONFERENCE 2025!

Ignite Conference isn't possible without the incredible team behind it — and that's where you come in. It takes an army of passionate, servanthearted people to bring this event to life, and we'd love for you to be one of them.

Whether you can volunteer part time or full time, there's a place for you to serve and make a difference. Serving at Ignite Conference is a highlight for so many. It's a space where we witness firsthand what God can do with willing hands. Join the mission and serve alongside us.

To do this click the link below to fill out the Volunteer Application Form and from there the Ignite Team will be in touch with what comes next.

Ignite Conference 2025 Volunteer Application

arish Roster

PLEASE JOIN US FOR MORNING TEA **AFTER THE 9AM MASS**

NEXT WEEKEND'S ROSTER

28/6/2025 to 29/6/2025 ST PETER AND ST PAUL - YEAR C

	SATURDAY 7.00pm	SUNDAY 9.00am	SUNDAY 10.30am
Acolyte		Paul E	
Reader1	Mary C	Azzi family	Sandra M
Reader2	Edyn V	Gabrielle W	Fogarty family
Prayers	Daniel V	Judy H	Fogarty family
TV		Max F	Fogarty family
Music		Melanie H	Melanie H
Music		Pauline H	John T
Music		Teresa G	Noelle T
Music		Adam F	
Morning Tea		Mandah V	
FLOWERS	Souraya K		



Thank you to all our wonderful volunteers!

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

For all parish OH&S and Safeguarding Children matters Contact: Lorraine Dailey on 0416 081 882.

MONASTERY CHAPEL

Liturgy of the Hours

"Seven times a day I will praise you"

Psalm 119:164

The liturgy of the hours is a set of prayers (psalms, hymns, readings and other prayers). It is recited in the Monastery Chapel daily at the following times:

> **5.45am** Office of Readings **6.30am** Morning prayer - Lauds

12.45pm Midday prayer

6.00pm Evening prayer - Vespers 8.00pm Night prayer - Compline

SACRAMENTAL PROGRAM NOTICE

NEXT SACRAMENTAL PROGRAM **ENROLMENTS NOW OPEN**

Enrolments for the next Sacramental Program are now open. Forms will be distributed through public schools in the coming weeks.

For children not attending public schools, please contact the parish office or collect a form from the Church Sacristy or email:

arcadia.parish@bbcatholic.org.au

REMINDER:

PARENT INFORMATION NIGHT FOR NEW **ENROLMENTS** THIS MONDAY **JUNE 23RD 7.30PM** IN THE PARISH MEETING ROOM

DID YOU KNOW...

There are over 10000 saints which have been recognised by the Catholic Church

PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm (School holidays only open Fridays)

Parish Office: 02 9653 2312

Address: 2 Fagans Road, Arcadia 2159 Email: arcadia.parish@bbcatholic.org.au Website: www.bbcatholic.org.au/arcadia

Parish Priest: Fr Shansana Samarasinghe OSB Email: sanshanasamarasinghe@yahoo.com

After hours: 0437 884 233

stbenedictsarcadia Facebook:





MONASTERY: 02 9653 1159

121 Arcadia Rd, Arcadia 2159

PARISH BANK DETAILS for ONLINE only donations:

BSB: 062 784 Account: 100002141

Account Name: Catholic Parish of Arcadia Bank:

CBA—Catholic Development Fund